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Sebo Jan Eelkman Rooda<sup>a</sup>; Ellen Kaptein<sup>a</sup>; Marla A. C. van Loon<sup>a</sup>; Theo J. Visser<sup>a</sup>

<sup>a</sup> Department of Internal Medicine III and Clinical Endocrinology, Erasmus University Medical School, GE Rotterdam, The Netherlands

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DEVELOPMENT OF A RADIOIMMUNOASSAY FOR TRIIODOTHYRONINE SULFATE

Sebo Jan Eelkman Rooda, Ellen Kaptein, Marla A.C. van Loon and Theo J. Visser. Department of Internal Medicine III and Clinical Endocrinology, Erasmus University Medical School, 3015 GE Rotterdam, The Netherlands.

ABSTRACT

This paper is the first description of a radioimmunoassay (RIA) for triiodothyronine sulfate ( $T_3S$ ). Rabbits were immunized against  $T_3S$  coupled to bovine serum albumin using carbodiimide. All animals produced antibodies to  $T_3S$  but also even higher titers of  $T_3$  antibodies.  $K_a$  values for binding of  $T_3$  and  $T_3S$  to these antisera varied between  $2 \times 10^{10}$  and  $8 \times 10^{10} M^{-1}$ . One of the antisera (#8193) was selected for use in the  $T_3S$  RIA because of a high titer of  $T_3S$  antibodies (final dilution 1 : 50,000), a high sensitivity to  $T_3S$  ( $< 2.5$  fmol/tube), and a low crossreactivity by  $T_3$  (0.4%). This RIA provides a tool for the study of the importance of sulfation as a metabolic pathway for  $T_3$ . (KEY WORDS: thyroid hormone, triiodothyronine sulfate, radioimmunoassay)

INTRODUCTION

Triiodothyronine ( $T_3$ ) is the bioactive form of thyroid hormone. Roughly 20% of circulating  $T_3$  is derived from thyroidal secretion while the majority is produced by phenolic ring deiodination of thyroxine ( $T_4$ ) in peripheral tissues, especially the liver (1,2). In rats,  $T_3$  is metabolized by deiodination of the tyrosyl ring and by conjugation of the phenolic hydroxyl group

with sulfate or glucuronic acid (3,4). Although direct deiodination of  $T_3$  occurs in extrahepatic tissues (2,3), sulfation enhances  $T_3$  deiodination in the liver (5,6). In contrast,  $T_3$  glucuronide ( $T_3G$ ) is a stable conjugate. Thus, after incubation of  $T_3$  with isolated rat hepatocytes, iodide and  $T_3G$  are the major products (5). Accumulation of  $T_3$  sulfate ( $T_3S$ ) in these cultures occurs only after inhibition of deiodinase activity, for instance with propylthiouracil (PTU) (5). To further investigate the role of sulfation in  $T_3$  metabolism we decided to develop a radioimmunoassay (RIA) for  $T_3S$ . Here we report the characteristics of this RIA.

#### METHODS

Production of Antiserum. The  $T_3S$ -protein conjugate used for immunization was prepared as follows. To 100 mg anhydrous  $T_3$  (Sigma) and 1  $\mu\text{Ci}$  [ $^{125}\text{I}$ ] $T_3$  (Amersham) was added 0.5 ml of a mixture of chlorosulfonic acid and di-methylformamide (1/4, v/v) at 0 C (7). After reaction for 40 h at room temperature,  $T_3S$  was precipitated by addition of this mixture to 5 ml  $\text{H}_2\text{O}$  at 0 C. The pellet was dissolved in 1 ml 2 M  $\text{NH}_4\text{OH}$  and reprecipitated with 5 ml 1 M HCl. The pellet was further washed by repeated suspension in 3 ml 0.1 M HCl. Analysis of this material by HPLC (7) indicated that it consisted of  $T_3S$  and only 1%  $T_3$ . The  $T_3S$  was dissolved in 5 ml dimethylformamide and added to a solution of 100 mg bovine serum albumin (BSA) in 20 ml  $\text{H}_2\text{O}$ . After adjusting the mixture to pH 5 with 0.1 M NaOH, 50 mg 1-ethyl-3-(3-dimethylaminopropyl)-

carbodiimide (Sigma) was added in 5 ml H<sub>2</sub>O (8). This was repeated after 3 h, and the mixture was further stirred for 16 h at room temperature. The product was dialysed at 4 C against successively 2x2 l H<sub>2</sub>O, 2 l 0.1 M NaOH and 3x2 l H<sub>2</sub>O, changed twice daily. Analysis of remaining radioactivity indicated a low degree of T<sub>3</sub>S incorporation (<5%), corresponding to <5 mol T<sub>3</sub>S/mol BSA. The immunogen was stored at -20 C in a concentration of 2 mg protein/ml.

Four New Zealand white rabbits were immunized by s.c. injections with 1 mg conjugate in 1 ml of a 1 : 1 mixture of water and complete Freund's adjuvant at multiple sites in the back. This was repeated after 2 and 4 months and subsequently at irregular intervals of 1-6 months. High-titer antibodies to T<sub>3</sub> and T<sub>3</sub>S were detected in serum of all animals from the second immunization onwards. Two rabbits (#8190 and #8193) produced high-affinity T<sub>3</sub>S antibodies, and the characteristics of antisera obtained 2 weeks after the 10<sup>th</sup> injection (15 months after start of immunization) are described here.

Radioimmunoassay. Radioactive T<sub>3</sub>S was prepared by reaction of [<sup>125</sup>I]T<sub>3</sub> with chlorosulfonic acid and purified as previously described (7). In general, approximately 25,000 cpm (~8 fmol) <sup>125</sup>I-labeled T<sub>3</sub> or T<sub>3</sub>S were incubated for at least 48 hours at 4 C with appropriate dilutions of antiserum #8190 or #8193 in a final volume of 1 ml RIA buffer (0.06 M barbital, 0.15 M NaCl, 0.1 % BSA, pH 8.6). Preliminary results had shown that this incubation period was necessary to obtain equilibrium, and that tracer binding was constant over a broad pH range. Antibody-bound

radioactivity was precipitated by addition of goat anti-rabbit IgG antiserum and polyethylene glycol 6000 (2.5 % final concentration). After incubation for 1 h at 4 C, the tubes were centrifuged, the supernatants were aspirated and the pellets were counted for radioactivity. Reference iodothyronines were obtained from Henning, Berlin, FRG, and sulfate conjugates were synthesized in our laboratory (7). Solutions of standards and analogs were prepared in 0.01 M NaOH and assayed in duplicate in 50-100  $\mu$ l aliquots.

### RESULTS

Figure 1 shows the binding of  $T_3$  and  $T_3S$  tracers to progressive dilutions of antisera #8190 and #8193. Both antisera contained high titers of antibodies to  $T_3$  and  $T_3S$ . However, higher dilutions of antiserum could be used to obtain the same degree of  $T_3$  binding compared with  $T_3S$ . Binding of biosynthetic  $T_3G$  tracer to even low dilutions of antiserum was negligible (not shown). As a suitable condition for the RIA roughly 35% binding of  $T_3$  tracer to either antiserum occurred at a final dilution of 1 : 800,000 and in case of  $T_3S$  tracer at 1 : 50,000-60,000.

Using these antiserum dilutions the characteristics of  $T_3$  and  $T_3S$  binding were further investigated. Significant displacement of  $T_3S$  tracer was observed with <2.5 (#8193) or 5 (#8190) fmol unlabeled  $T_3S$  per tube (Fig. 2). In case of the  $T_3$  RIA lower limits of detection amounted to 3-5 fmol  $T_3$  per tube. Logit-log

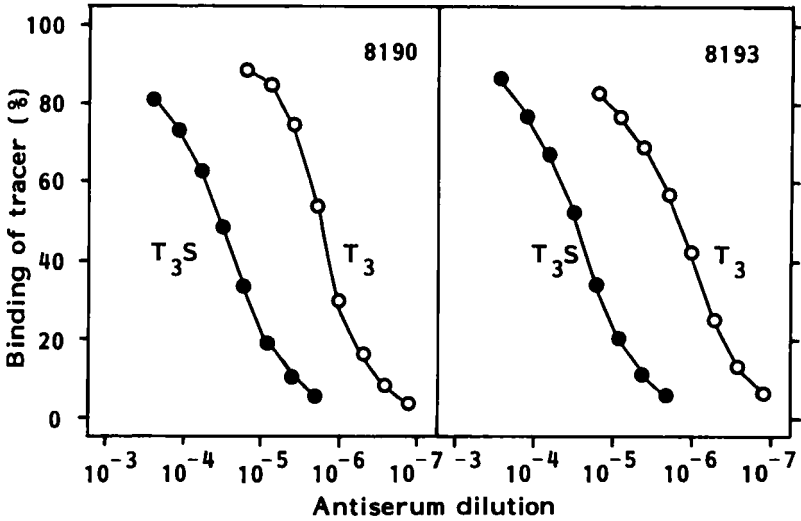


FIGURE 1. Binding of [<sup>125</sup>I]T<sub>3</sub>S (●) or [<sup>125</sup>I]T<sub>3</sub> (○) to progressive dilutions of antiserum #8190 (left) or #8193 (right).

plots of the standard curves showed excellent fits ( $r > 0.99$ ). Linear transforms were also constructed using the method of Scatchard (9) with  $r$  values  $> 0.95$ , which permitted estimation of average binding parameters of the antisera. Binding of T<sub>3</sub>S to antisera #8190 and #8193 was characterised by  $K_a$  values of  $2 \times 10^{10}$  and  $8 \times 10^{10} \text{ M}^{-1}$  and by values for the maximal binding capacity (MBC) in undiluted antiserum of 1.7 and 0.4  $\mu\text{M}$ , respectively. In case of T<sub>3</sub>,  $K_a$  values were  $8 \times 10^{10}$  and  $3 \times 10^{10} \text{ M}^{-1}$  and MBC values 8 and 15  $\mu\text{M}$ , respectively.

Not only the affinity but also the specificity of the binding of T<sub>3</sub>S was different between the antisera (Fig. 2 and Table 1). Binding of T<sub>3</sub>S to antiserum #8190 showed a high degree of

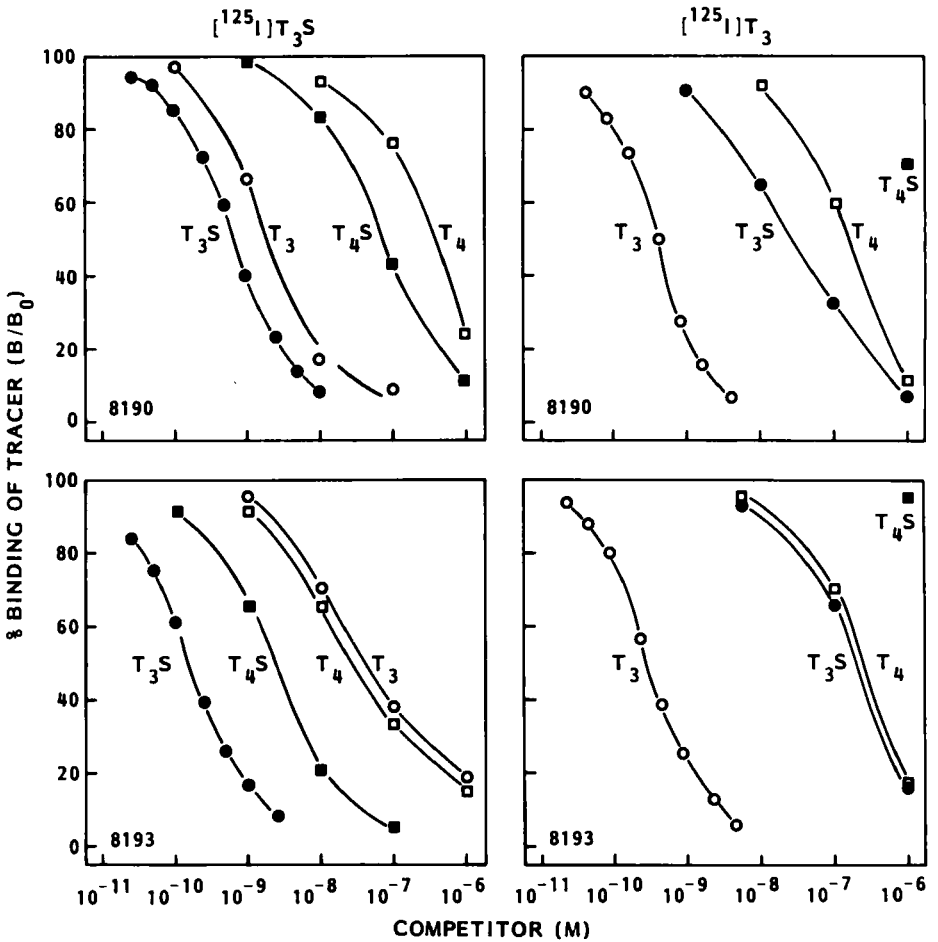


FIGURE 2. Inhibition of the binding of [<sup>125</sup>I]T<sub>3</sub>S (left) to antiserum #8190 (1 : 60,000) or #8193 (1 : 50,000) or that of [<sup>125</sup>I]T<sub>3</sub> (right) to antiserum #8190 or #8193 (both 1 : 800,000) by increasing concentrations of unlabeled T<sub>3</sub>S (●), T<sub>3</sub> (○), T<sub>4</sub> (□) or T<sub>4</sub>S (■). Results with antiserum #8190 are given in the upper panels and those with antiserum #8193 in the lower panels.

TABLE 1

Specificity of Binding of T<sub>3</sub>S and T<sub>3</sub> to Antisera #8190 and #8193

Competitor	Crossreactivity (%)			
	[ <sup>125</sup> I]T <sub>3</sub> S		[ <sup>125</sup> I]T <sub>3</sub>	
	#8190 (1:60,000)	#8193 (1:50,000)	#8190 (1:800,000)	#8193 (1:800,000)
T <sub>4</sub>	0.2	0.6	0.2	0.2
T <sub>4</sub> S	0.9	9	<0.1	<0.01
T <sub>3</sub>	31	0.4	100	100
T <sub>3</sub> S	100	100	0.9	0.2
rT <sub>3</sub>	<0.01	<0.01	<0.01	<0.01
rT <sub>3</sub> S	<0.1	0.2	<0.01	<0.01
3,5-T <sub>2</sub>	2	<0.01	0.6	0.4
3,3'-T <sub>2</sub>	0.4	<0.01	0.3	0.5
3,3'-T <sub>2</sub> S	2	0.5	<0.01	<0.01
3-T <sub>1</sub>	<0.01	<0.01	<0.1	<0.01
3'-T <sub>1</sub>	<0.01	<0.01	<0.01	<0.1
T <sub>0</sub>	<0.01	<0.01	<0.01	<0.01

Percentage crossreactivity is defined as the ratio (x100) of the concentration of ligand divided by the concentration of competing substance that each produce 50 % displacement of tracer. Results are calculated after logit-log transformation of the dose-response curves and represent the means of at least three different experiments. rT<sub>3</sub>, 3,3',5'-triiodothyronine; T<sub>2</sub>, diiodothyronine; T<sub>1</sub>, iodothyronine; T<sub>0</sub>, thyronine; S, sulfate.

crossreactivity by T<sub>3</sub> but much less interference by T<sub>4</sub> and T<sub>4</sub> sulfate (T<sub>4</sub>S). On the other hand, T<sub>4</sub>S was a potent competitor for binding of T<sub>3</sub>S to antiserum #8193 while T<sub>3</sub> was much less reactive. Low to absent crossreactivity was observed with all other iodothyronine analogs whether sulfated or not. Less differences were seen between the specificities of T<sub>3</sub> binding to the two antisera (Fig. 2 and Table 1). T<sub>3</sub>S was more effective in competing



with T<sub>3</sub> for antiserum #8190 compared with #8193. However, crossreactivity remained below 1% as was the case with all analogs tested, including T<sub>4</sub>.

#### DISCUSSION

This study represents the first report of a RIA for the measurement of an iodothyronine conjugate. Previous studies had already demonstrated that it is feasible to measure sulfate conjugates of steroids by RIA. An established method for the determination of plasma dehydroepiandrosterone sulfate makes use of the high crossreactivity of the conjugate with antiserum produced against the nonconjugated steroid (10). However, recent reports have also described the production of specific antibodies to sulfate conjugates, e.g. estradiol-3-sulfate, that do not crossreact with the free steroid (11).

Although we immunized rabbits against a conjugate prepared by coupling pure T<sub>3</sub>S to albumin, the antisera produced contain distinct types of antibody, the most abundant of which specifically binds T<sub>3</sub>. The reason for this is unknown but it is possible that part of the sulfate conjugate is hydrolysed during immunogen preparation or in vivo. Extensive hydrolysis has been observed during coupling of phenolic steroid sulfates to protein using the mixed anhydride method but not with carbodiimide (12), the coupling reagent also used by us. The crossreactivity of T<sub>3</sub>S with the binding of T<sub>3</sub> tracer to the antisera was of similar magnitude as that observed with antibodies raised against free T<sub>3</sub> as the antigen (7). It is not excluded that part of this

crossreactivity by  $T_3S$  is due to slight contamination with free  $T_3$ .

Of greater interest to our studies is the other class of antibodies that show preference for  $T_3S$  as the ligand. Especially  $T_3S$  binding to antiserum #8193 is little affected by  $T_3$ , although this favorable property may in part result from the sequestration of  $T_3$  by the high-capacity  $T_3$ -specific antibodies. Notwithstanding the low crossreactivity of  $T_4$  in the  $T_3S$  RIA, it may still create a significant problem for the measurement of  $T_3S$  in samples with high  $T_4$  levels such as plasma. The similar effects of  $T_4$  and  $T_3$  in the  $T_3S$  RIA with antiserum #8193 suggest that in this case the steric hindrance of the extra iodine in  $T_4$  is counter-balanced by the favorable influence of the dissociated hydroxyl group. The latter introduces a negative charge in the same region of the molecule as the sulfate group.

In conclusion, the present study demonstrates the feasibility of the development of a RIA for  $T_3S$ . Preliminary studies have shown accumulation of immunoreactive  $T_3S$  in incubations of  $T_3$  with isolated rat hepatocytes if subsequent deiodination of the conjugate is inhibited (13).  $T_3S$  immunoreactivity has also been detected in plasma of PTU-treated rats (14). Studies are now in progress in our laboratory to adapt this RIA for the measurement of  $T_3S$  in human plasma.

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